## Friday

		Yogci Floor Grow	Yoga Floor Root	(Workshop Earth	Workshop Fire	(Workshop Air		
10.00								10.00
11.00		Vin Yoga by Laura Sofssong [DE]						11.00
12.00								12.00
13.00	Soul Voice Singing Oircle Amanda Encantada [DE/ENG]							- 1 <u>3.00</u>
14.00	Opening <del>8</del> Cacao							14.00
15.00	Ceremony with Ismail & Anna [ENG]							15.00
16.00		Kemetic Yoga by Rashida	Vinyasa on Beat by Carla Senf				Sound Meditation Journey by Tanya -	- 16.00
17.00	Mantra Concert by Volkmar & Pana [DE]	[DE]					OMKARA [DE]	- 17.00
18.00	Selflove	Kaula Tantra Yoga by Anna Kruse	Catalina Hatha Yoga [ENG]	Henna Workshop by Lisa Wachall	Weibliche Urkraft by Aline Weifzig [DE]	Healing Ancestral Trauma through Drama by Leland Coontz [ENG]		18.00
19.00	Workshop by Angie Schulz [DE]			at market place	Astrology	Kinesiologischer		19.00
20.00	Hand Pan	Kundalini Yoga by Thomas Fördini [DE]	Slow Flow Yoga by Carla Senf [DE/ENG]		Foundations by Jen Eireen & Federico Focha [ENG]	Kinesiologischer Muskeltest by Katarina Matthes [DE]	Light Sound Bath by Anneli Bentler [ENG]	20.00
21.00	Concert by Edoardo							21.00
22.00	Ohakra Embodidance by Sara Musso [ENQ] Inner Ohild							22.00
23.00	Storytelling by Cagn Cochrane [ENG] Guided Sound							- 23.00
24.00	Meditation by Ksenia Trifonova [DE/ENG]							24.00
01.00				XX				<u>01.00</u>

## Saturday

		Yoga Floor Grow		Workshop Earth		Workshop Air		
 		Sunrise Somatic Breath by Alex Bottomly [ENG]	Gentle Vinyasa by Laura Sofssong [DE]	7AM: Walking Meditation by Rebecca & Mridul [ENG]				<u>8.00</u>
 10.00	Collective Cacao Opening with Makantao [DE/ENG]							<u>0.00</u>
 11.00	Sound Journey by Anneli Bentler [ENG]	Scham, Sexualität & Schwesternschaft by Nexi [DE]	Heart Opening Pure Prana by Fûsun Folger [DE]	Rhytmn of Life Brum Workshop by Majd [ENG]	Sensual Embodiment by Ksenia Trifonova [DE/ENG]		Robithing Breathwork & Gong Tune by AnnaQround [DE/ENG] (9.45-12.00)	<u>1.00</u>
<u>12.00</u>	Contact- Beyond- Contact by Lisa & Kerstin [PE]	Tantra Yoga by Praneet [ENG]	Chakra Healing by Jana Schulze [DE]	The Mask & The Mirror Low Key, High Fun Theater Workshop by Cagn Cochrane [ENG]	Men Circle by Joe Jung [DE/ENG]	Quantum Human Besign by Frankie [DE]	Tame your Monkey Mind Guided Buddhist	<u>2.00</u> 3.00
14.00								<u>4.00</u>
15.00	Singsettion by Makantao	Hüftöffner by Silke Venti Yubi [DE]	Acro Yoga by Joe Jung [DE/ENG]	Inner Balance Workshop by Füsun Folger [DE]	Orgasmic Breathwork by Shaft Uddin [ENG]	Intro to Loving Kindness with Cacao by Suava [DE/ENG]	Coherent Breathing by Maria Trinks [ENG]	5.00
16.00	Makantao [DE/ENG]						16	5.00
 17.00	RidDance by Anna & Jonathan	Breathwork by Jeanie Jadias [DE/ENQ]	Elemental Yoga by Liaa Waahall [DE/ENQ]	Embracing Empathy by Johannes [ENG]	Somatic Work by Alex Bottomly [ENG]	Ayurveda Warkshop by Dr. Wiebke Mohme [DE]	Sound mit Crystal Singing Bowls - by Anike [DE/ENG]	7.00
<u>18.00</u>	Kruse [DE/ENG]	Yin Yoga infused with Essential Oils by Harmonie Sage [ENG]	Kundalini by Cosmo Colina [ENG]	Verkõrperte Verbundenheit by Nexi [DE]	Talk: Intro to yoni massage by Shaft Uddin [ENG]	Embodied Astrology by Jen Eireen & Federico Focha [ENG]	Trance Healing 18 Journey with Hypnosis by Angie Schulz [DE]	<u> B.oo</u>
<u> 19.00</u>					[====]		19	<u>9.00</u>
20.00	Intro to Prana Healing with Master Sai [DE/ENG]						2	<u>:0.00</u>
21.00							21	1.00
22.00	Live Concert by Roaman [ENG]							:2.00
23.00							2	3.00
24.00	Ecstatic Dance by Sera Luz [ENG]			$\mathbf{X}$			2	4.00
01.00	Live Piano Meditation by Sara & Wido [ENG]							<u>91.00</u>

## Sunday

		Yoga Floor Grow		Workshop Earth		Workshop Air		
08:00								08.00
09.00	915 AM Collective Opening Circle - with	Kundalini Cosmo Colina [ENG]						 09.00
10.00	Nicole Gottselig [ENG]							10.00
11.00	Journey of Self-Love by Shaft Uddin [ENG]	Breath Magic with Reiki infused Crystal Bowl Sound Bath by Harmonie Sage [ENG]	Erclencles Hatha Yoga by Aline Weißig [DE]	Theatre inspired embodiment Workshop by Maria Trinks [ENQ]	Our freedom of expression <del>B</del> gender identities by Frankie [DE]	Kinesiologischer Muskeltest by Katarina Matthes [DE]	Intro to Constellation Work by Leland Coontz [ENG]	11.00
12.00								12.00
13.00	Co-creative Art Ritual ARTibiotics by Iana Go & Doron Eisenberg [ENG]	Core Flow - Kraft aus der Mitte by Dr. Wiebke Mohme [DE]	Augen-Yoga by Volkmar [DE]	Hand Pan Workshop by Robert [ENG/DE]?	Makramee Workshop by Lisa & Kerstin [DE/ENG]	Demystifying Love by Dano [ENG]	Ho'oponopono Meclitation - Power of Forgive- ness by Nicole Gottselig [ENG]	13.00
14.00							Sound Healing	14.00
15.00	Ambient Musio	Vin Yoga & Yoga Nidra by Jana Schulze [DE]	Afrikan Yoga by Rashida (DE)	The Healing Voice Amanda Encantada [ENQ]	Achtsamkeit mit Gefühlen by Robin Sträter [DE/ENG]	Tiefenökologie by Amélie Dupuy-Ceilloux [DE]	Journey by Ecloardo Ponti- celli 8 Grandma Asteroid [ENG]	15.00
16.00								
17.00	Closing Ceremony by Ismail & Anna [ENG]							17.00
<u>18.00</u>								10.00
19.00								
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