

# evolve

urban festival  
samhain edition

	Sun Floor	Moon Floor
9.30 - 10.00	opening ceremony	
10.00 - 11.30	chakra balancing yoga & voice activation - Melina	cacao embodiment - Theresa & Sara
11.30 - 12.00		
12.00 - 13.00	inner child play - Shai	
13.00 - 14.00	lunch break & live piano concert - Wido Kim	
14.00 - 16.00	shadow work, self value & integrity with human design workshop - Frankie	living with an open heart workshop - Jihe
16.00 - 16.30		
16.30 - 18.30	liberating breathwork journey - Elias Doré	Is there free will? Gifts & burdens of our ancestors. Psychodrama workshop - Leland
18.30 - 19.30	dinner break & aerial acrobatics performance	
19.30 - 20.30	mantras & spiritual comedy - Sri	new moon ritual - Natalie
20.30 - 22.30	ecstatic dance - Christian Rippel	tuning fork massages, readings, reiki
	closing circle	cosy film screening

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nov  
2024.

tuning fork massages, human design readings, reiki all day.



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